|  | AY | TUESDAY | WEDNESDAY | THURSDAY | FRIDA | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Cream of Mushroom | Asparag | Egg Drop with Vegetab | Sweet Potato and Appl | Pumpkin Spiced |
| W E E | M12M |  | Rueben Sandwich on Rye Bread OR <br> Macaroni and Cheese with Tomatoes <br> Side Ceasar Salad <br> Peanut Butter Cookie | Pulled Chicken on Kaiser with Onions OR <br> Egg Salad on Croissant Broccoli Coleslaw, Dill Pickle Fresh Butter Tart | Vegetarian Spring Rolls OR Lemon Glazed Breaded Chicken Bites Asian Salad Strawberries and Rhubarb with Ice Cream | Beef Dip Au Jus with Caramelized Onions, Swiss Cheese, and Sweet Pickles OR Tuna Melt on English Muffin with Tomato and Cheddar Jello Trifle | Belgian Waffles with Berry Compote, Fruit Cocktail OR Chicken Nuggets with French Fries and Plum Sauce Mini Cupcake |
|  |  |  | Hand Cut Pork Chop w/ Mushroom Gravy OR <br> Chicken Souvlaki with Tzatziki Sauce Rice Pilaf, Mixed Vegetables German Chocolate Cake | Homemade Cabbage Rolls OR Homemade Vegetable Lasagna with Ricotta Garlic Bread, Baby Carrots Assorted Desserts | Smoked BBQ Applewood Pork Side Ribs <br> OR <br> Swiss Steak <br> Mashed Sweet Potato, Warm Corn Salad <br> Pumpkin Cheesecake | Penne Alfredo (Bacon,Onion,Mushroom) OR Individual Beef Pot Pie with Gravy Garlic Bread, Mixed Vegetables Tiramisu Cake | Traditional Turkey Dinner OR <br> Honey Glazed Ham Steak Stuffing, Mashed Potatoes, Gravy Pumpkin Pie |
|  | Cream of Onion 6 | Chicken Noodle 7 | Three Sisters (Bean, Corn, Squash) | Minestrone | Potato and Leek 10 | Beef Barley | Cream of Carrot and Ginger 12 |
| W E E | Crispy Chicken Caesar Salad with Lemon OR <br> Mushroom Melt on English Muffin Side Salad Snickerdoodle Cookie | Oven Baked Macaroni and Cheese with Vegetable Sticks OR Pancakes and Ham Banana Bread with Butter | BBQ Pork Riblet Sandwich with Peppers and Onions OR Pepperoni Pizza with Mozzarella Tomato and Onion Salad Caramel Flan | Egg Salad on Whole Wheat OR Deli Plate with Assorted Meats, Cheese, Crackers Macaroni Salad Peach Cobbler | Monte Cristo Sandwich <br> OR <br> Fish and Chips (Haddock Filet w/Lemon) <br> French Fries, Coleslaw <br> Strawberry Mousse | Waldorf Salad w/ Chicken Breast, Apples, Walnuts, Raisins on Romaine Lettuce OR Spinach and Chicken Crepes Potato Salad Assorted Sorbet | Perogies with Bacon and Onion OR <br> English Muffin w/ Sausage, Egg, Cheese Carrot, Raisin, Pineapple Slaw Date Square |
| 2 | Sweet and Sour Chicken Balls OR Hungarian Goulash with Dinner Roll Fried Rice, Broccoli Assorted Desserts | Hot Turkey Sandwich with Gravy OR <br> Bacon Wrapped Beef Tenderloin Italian Vegetable Medley, Baked Potato Bread Pudding | Grilled Chicken with Tomato and Mozzarella OR Irish Style Sheppard's Pie with Beef Mashed Potatoes, Cream of Pearl Onion Assorted Desserts | Traditional Spaghetti and Meatballs OR Crusted Basa Filet w/ Salsa, Spanish Rice Turnip Orange Creamsicle Cake | Creamy Dill Salmon <br> OR <br> Beef Tourtiere (Pepper,Onion,Puff Pastry) <br> Asparagus, Mashed <br> Assorted Desserts | Vegetarian Lasagna with Ricotta Cheese OR <br> Slow Roasted Corned Beef Baked Yam, Cream Corn Sticky Toffee Pudding | Mother's Day Dinner Roast Beef with Yorkshire and Gravy OR Roasted Cornish Hen Classic Glazed Carrots, Duchess Potatoes Strawberry Shortcake |
|  | Turkey Vegetable | Cream of Roasted Red Pepper | Sausage Gumbo | Cream of Broccoli | French Canadian Split Pea \& Ham | Roasted Root Vegetable | Red Lentil Soup |
| W | Sloppy Joe Sandwich OR <br> Chef's Cobb Salad with Ham, Turkey, Cheese, Egg and Raspberry Muffin Banana Cake with Rum Buttercream | Macaroni and Cheese Bake with Bacon OR Chicken Wrap with Tomato \& Onion, Tzatziki Sauce Broccoli Salad Tapioca Pudding | Eggs Benedict w/Hollandaise Sauce OR <br> Turkey and Havarti on Croissant (L,T,P) Home Fries Assorted Sorbet | Taco Salad with Iceberg Lettuce, Sour Cream and Salsa OR Tuna Salad Sandwich on WW Carrot, Celery, Cucumber with Ranch Dip Carrot Cake | BBQ Chicken Wings <br> OR Turkey Burger on Kaiser <br> (Cranberry Aioli, Onion, Spinach, Tomato) <br> Onion Rings <br> Strawberry Jello | Western Omelette on Whole Wheat Toast\|French Toast, Sausage, Berry Compote  <br> OR OR <br> Baked Beans and Wieners Pulled Pork Sandwich on Kaiser <br> Garlic and Cheese Scone Dill Pickle, Potato Bites <br> Black Forrest Pudding Ice Cream Sundae |  |
| 3 | Oven Baked Beef and Noodle Casserole OR <br> Mushroom Chicken Breast (Cream Sauce) Mini New Potatoes, Baby Carrots Assorted Desserts | Stuffed Pork Tenderloin with Gravy OR <br> Beef Stew with Warm Dinner Roll Coconut Jasmine Rice, Broccoli Florets Raisin Pie | Poached Salmon Filet with Lemon and Tartar Sace OR Veal Cutlet Lemon Sauce Scalloped Potatoes, Butternut Squash Apple Blossom | Breaded Chicken Breast stuffed with Broccoli and Cheese OR Open Face Beef Sandwich with Gravy Mashed Potato, Creamed Corn Mocha Cheesecake | Pork Cottage Roll OR <br> Turkey a la King in Yorkshire Bowl Baked Potato, Mixed Vegetables Coconut Cream Pie | Chicken Paprikash <br> (Pearl Onion, Peppers, Sour Cream, Paprika) <br> OR Beef Stroganoff (Demi Cream Sauce) <br> Buttered Egg Noodles, Carrots <br> Assorted Desserts | Traditional Turkey Dinner OR Ham Steak Stuffing, Mashed Potatoes, Turnip, Gravy and Cranberry Sauce Lemon Meringue Pie |
|  | Cream of Mushroom 20 | Hearty Vegetable $\quad 21$ | Chili Mac $\quad 22$ | Chef's Choice $\quad 23$ | Beef Barley 24 | Chicken Noodle | Butternut Squash |
| W | Grilled Peanut Butter \& Banana Sandwich and Fresh Berries OR <br> Beef Chili with Cheese Biscuit Tiramisu Mousse | Deviled Egg Plate with Domestic Cheese, Assorted Cold Cuts, Pickles OR Perogies with Cheese, Onion, Bacon and Sour Cream Mixed Jello | Chicken Tenders with Sweet Potato Fries OR Fruit Plate with Cottage Cheese Cinnamon Churro | Egg Salad on a Croissant OR <br> Mac \& Cheese Bake Vegetable Sticks Stewed Rhubarb | Chicken Caesar Salad OR <br> Fish ' $N$ ' Chips (Haddock) with French Fries, Coleslaw, Lemon Butterscotch Pudding | Pancakes with Sausages OR Monte Cristo (Ham, Turkey \& Swiss) Hash Browns Fruit Cocktail | Mushroom Quiche OR Roast Beef Sandwich with Caramelized Onions Side Salad Sundae |
| ( | Traditional Shepherd's Pie OR Banger's \& Mash with Fried Onions \& Gravy Mixed Vegetables Apple Crisp | Chicken Lasagna in a White Sauce <br> OR <br> Stuffed Pork Tenderloin Roasted Sweet Potatoes, Broccoli Orange Cake | Veal Parmesan with Butter Noodles OR Vegetarian Stew in a Bread Bowl Roasted Tomatoes Mocha Mousse Cake | Poached Salmon OR <br> Chicken Piccata Roasted Potatoes, Peas Assorted Desserts | Meat Loaf with Tomato Relish OR Honey Garlic Ribs Mashed Potatoes, Florentine Blend Cherry Cheesecake | Stuffed Peppers OR Creamy Garlic Chicken Baked Potatoes, PEI Blend Lemon Bars | Turkey Dinner with Stuffing, Cranberry Sauce, and Gravy OR Herb Crusted Tilapia Mashed Potatoes, Squash Raspberry Pie |
|  | Turkey Vegetable 27 | 28 | Chef's Choice $\quad 29$ | Cream of Cauliflower ${ }^{30}$ | Lasagna Soup 31 |  |  |
| W E E | Chicken Parmesan Slider OR <br> Vegetarian Spring Rolls Asian Broccoli Slaw Banana Bread | Crustless Quiche with Bacon and Spinach OR Pattie Melt (Beef Patty, Fried Onions \& Cheese) Caesar Salad Caramel Cookie | Belgian Waffles OR Riblet on a Bun with Onions and Cheese Tomato Cucumber Salad Vanilla Mousse | BLT Salad (Bacon, Lettuce, Tomato) OR <br> Rings \& Things with Coleslaw (Mozzarella Sticks, Cod Nuggets) Spiced Apple Sauce | Fish on a Bun with Creamy Pickle Slaw and Fries OR Vegetarian Pizza (Mushroom, Onion, Peppers) Brownie with Walnuts |  |  |
| 2 | d Sole with Lemon \& Tartar OR <br> Turkey Casserole Buttered Noodles Tiramisu Cake | Chicken Stew OR Grilled Beef Tenderloin Boiled Potatoes, String Beans Raisin Pie | Pork Teriyaki OR Lemon Garlic Shrimp Rice, Mixed Vegetables Mango Mousse Cake | Beef Lasagna w/Ricotta Cheese \& Garlic Bread OR BBQ Chicken Legs Parmesan Roasted Potato Squash Assorted Desserts | Roasted Pork with Grainy Dijon Sauce OR <br> Crab Cakes with Cocktail Sauce Mashed Potatoes, Creamed Corn Mixed Berry Crumble |  |  |

